## PROBLEM AND SOLUTION

Read the given passage. Identify the problem and solution in each case.

It is no fun when you catch a cold. It might become difficult to breathe. You may also have a sore throat, which is usually quite painful. Coughing can make it difficult to fall asleep. Try drinking some tea with honey in it. The honey will soothe your throat.

Problem	Solution
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A sprain is a tear in a muscle. It happens when a muscle is twisted or overstretched. A sprain can be painful. If you sprain a muscle, you should ice it immediately. Putting ice on a sprain will reduce pain and swelling. It will also reduce internal bleeding.



