Multi-Step Word Problems

Solve the multi-step word problems.

1 Jamie had 45 balloons. He distributed an equal number of balloons to each of his 9 friends. One of his friends, Jake, lost 3 balloons. How many balloons is Jake left with?

2 Laura has 45 hair bands. Sara has 5 more hair bands than Laura. Sara has an equal number of red, blue, green, violet and orange hair bands. How many red hair bands does Sara have?